



THE LANDON  
AT LAKE HIGHLANDS  
A GRACE MGMT COMMUNITY

The Landon at Lake Highlands  
8501 Lullwater Dr  
Dallas, TX 75238 | (214) 343-6400  
www.landonatlakehighlands.com

# The Graceful Connection

## August 2024



## Latest News from the The Landon at Lake Highlands Newsletter

Did you know that if you were born in 1945 through the early 1960's that you are one of the world's largest age cohorts?

Known as the great baby boom following World War II, you are part of a historic generation known as the Baby Boomers. This month, we celebrate Boomers Making a Difference Month, highlighting Baby Boomers' societal contributions through charitable works and volunteering. Talk with your Life Enrichment team about Graceful Giving opportunities this month to continue to make a difference in your community.

Our other big celebration during the month of August is Grace Management's annual Hospitality Week. This month, the hospitality teams in your community will host a week-long celebration focused on fun and hospitality for our associates. We so appreciate all of the hard work they put in each day and they would love to hear from you too!

If an associate has made a difference in your life, please tell them or fill out a Grace in Action card to recognize them this month!

# Grace Signature Events

# Details



Kickstart with Kesia (Health Pro Heritage)

Kickstart your Friday's with Kesia! Kesia will have a variety of different fitness classes each Friday, so get to know Kesia and the new outpatient services we now offer here at The Landon!

Fitness Classes:

Friday's at 10:00 AM Starting in August  
August 2nd, 9th, 16th, 23rd, & 30th - Multipurpose Room

Lunch and Learn on Monday, August 26th at Noon in the  
Champagne Lounge

Meet The Author of "Same Kind Of Different As Me" and  
Watch The Movie!

The Landon is proud to welcome, Ron Hall the author of the New York Times best-seller book, "Same Kind Of Different As Me." On August 13th at 12:30 PM we will have a Movie Showing based on the book in the Theater.

Then on Wednesday, August 14th at 2:00 PM in the Champagne Lounge meet Ron Hall and hear more about his amazing story and ask him questions!  
DO NOT miss this opportunity to meet Ron Hall.



# HAPPY BIRTHDAY!

J. Rollands "Rollie" M. - 2nd  
Linda "Linda Lou" C. - 3rd  
Dennis W. - 4th  
Sybil H. - 8th  
RoseMary P. - 14th

Joann M. - 18th  
Leila J. - 20th  
Michael "Mike" H. - 20th  
Parks S. - 21st  
Lynda K. - 27th

Jessie "J" P. - 28th  
Linda J. - 28th  
Barbara S. - 31st  
Jeffrey "Jeff" T. - 31st

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Current Events  
Lecture by Chris Tucker

From an attempted assassination on a former President, inflation, and what the new voting ballots will look like... We have much to go over in one hour, so don't miss this month's Current Events with Chris Tucker.

What do you think is happening in America?

Have you seen anything in the news you have burning questions on?

Seating will be limited, grab and seat and lets talk current events!

Monday, August 19th  
2:00 PM  
Theater

NEW!

Axe Throwing & Ladder Ball Game

To keep you on your "axe," we have a new axe throwing game!

Have you ever wondered what "axe" throwing is?

Have you ever played "ladder ball?"

Monday's at 3:00 PM - Axe Throwing in the Champagne Lounge

Tuesday's at 3:00 PM - Ladder Ball Game in the Champagne Lounge



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**WELCOME HOME, NEW RESIDENTS**

**Nancy Greenwood  
Mary Becker  
Mark Paxton**





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**Schedule a tour today!**  
**Call us at 214-343-6400**  
**or email us at [leasing@landonatlakehighlands.com](mailto:leasing@landonatlakehighlands.com)**

## MEET OUR TEAM

**Eileen Flanagan - Executive Director**  
**Gayla Taylor - Business Office Assistant**  
**Jonathan Salcedo - Customer Service Specialist**  
**Cami Barclay - Sr. Life Enrichment Director**  
**Chris Briggs - Culinary Director**  
**James Harris - Sous Chef**  
**Pedro Vallejo - Maintenance Director**  
**Dwight Lamb - Maintenance Technician**

**Vivian Smith - Sales Director**  
**Mark Sheets - Sales Counselor**  
**Tameka Thompson - Move In Coordinator**  
**Omekia Collins - Transportation Driver**  
**Eli Reyes - Transportation Driver**  
**Main Number - 214-343-6400**  
**Chef Hotline - 214-270-2215**  
**Courtesy Officer Cellphone - 972-345-5788**

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