

The Graceful Connection

September 2024



Latest News from the The Landon at Lake Highlands Newsletter

September is a significant month in our community as we recognize both World Alzheimer's Month and National Senior Living Week as our Featured Celebrations.

This year's theme for National Assisted Living Week is "Inspiring Generations," a reminder of the lasting impact we have on each other across all ages.

Throughout September, we'll raise awareness about Alzheimer's disease, emphasizing the importance of understanding and supporting those affected.

Then, in line with the theme of Inspiring Generations, we'll celebrate the heart of our community during National Assisted Living Week—our residents, families, and dedicated team members—by visiting the decades of the a generation and celebrating with fun daily events centered on each decade. We will also be inviting you to share your wisdom to inspire and connect with future generations.

Join us for a series of events and activities designed to educate, inspire, and bring us closer together as we honor the generations within our community.

Grace Signature Events

Details



September Graceful Giving

This month White Rock Center for Hope is in search for more canned foods and used, clean clothing to sell in their resale shop. Now is the time to go through pantries and your clothes to donate!

Donation boxes will be located in the Lobby—one for canned goods and one for clothing.

Thank you for donating.

Annual Resident Survey's

Its that time again where we want to hear from you, our valued residents! A survey letter will be going out the beginning of September in preparation for the survey that will be delivered at your door on 9/9. We have raffles and fun things happening, so save your surveys and bring to the front desk or one of our survey events.

With your help, let's hit 100% in participation this year!
Thank you and we appreciate your valued feedback.

Personal Training with Sandy

To accommodate more residents we are moving Personal Training to Saturday's at 10:00 AM in the Fitness Room. Sandy will still be the personal trainer, so come and join the one on one personal training classes with Sandy and get personalized fitness attention!

No RSVP needed and is completely free to all Landon residents!

The Landon now has 6 days of week fitness classes!



HAPPY BIRTHDAY!

Larry H. - 2nd
Silas "Si" S. - 3rd
Rose H. - 4th
Barbara P. - 5th

Jane O. - 7th
Donna S. - 8th
Barbara L. - 10th
Frances C. - 10th

Betty G. - 11th
Tom C. - 11th
Barbara G. - 12th
Pansy "Pat" E. - 13th

Martha H. - 21st
Linda E. - 24th
Carol M. - 25th
Pat M. - 28th

Senior Living Week 2024



*National Grandparent Day! Sunday, September 8th
Grab your family photos before or after brunch on Sunday!
Then...
Join us for the Cowboys Tailgating Party in the Lounge with
snacks and beer at 3:25 PM!



1950's
Cooking Demo with Cherry Pie and Classic Coke Floats at
1:30 PM in the Lounge
Survey's Go Out TONIGHT!



1960's
Begin your survey's with our bagel and mimosa bar at 9:00
AM in the Lounge.

Then...
Enjoy a rare opportunity to hear The Herbie Johnson Jazz
Quartet that helps "promote and maintain the rich
heritage of jazz" at 3:00 PM in the Lounge.



1970's
Peace and Love Happy Hour Dance Party with Associates
and Residents at 4:00 PM in the Lounge.



1980's
Fact or Fiction 1980's Theme Game at 1:00 PM in the
Theater *Win Prizes*
"Tubular" Survey Ice Cream Social Bar at 2:00 PM in the
Lounge. Bring your survey's!

Grace Spirit Day - Wear Purple!

Bring your quarters for Boozy Bingo at 2:00 Pm in the
Lounge! We will also have our annual Grace Spirit day
group photo, some come ready to smile and wear all your
purple!

WELCOME HOME, NEW RESIDENTS

Suzanne McCall
Rick Troup





THE LANDON
AT LAKE HIGHLANDS
A GRACE MGMT COMMUNITY



Schedule a tour today!
Call us at 214-343-6400
or email us at leasing@landonatlakehighlands.com

MEET OUR TEAM

Eileen Flanagan - Executive Director
Gayla Taylor - Business Office Assistant
Jonathan Salcedo - Customer Service Specialist
Cami Barclay - Sr. Life Enrichment Director
Chris Briggs - Culinary Director
James Harris - Sous Chef
Dwight Lamb - Maintenance Technician
Vivian Smith - Sales Director

Mark Sheets - Sales Counselor
Tameka Thompson - Move In Coordinator
Omekia Collins - Transportation Driver
Eli Reyes - Transportation Driver
Kesia Derilus - Health Pro Heritage P.T.
Main Number - 214-343-6400
Chef Hotline - 214-270-2215
Courtesy Officer Cellphone - 972-345-5788

The Landon at Lake Highlands
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