

The Graceful Connection

November 2024



Latest News from the The Landon at Lake Highlands Newsletter

November is a month filled with opportunities to honor history and spread kindness! As we celebrate Native American Heritage Month, we take time to recognize the rich cultures, traditions, and contributions of Native Americans. Ask your Life Enrichment Director what special activities this month will honor Native American history and showcase the contributions of indigenous peoples.

On November 13th, we also celebrate World Kindness Day. It's a perfect reminder to practice small acts of kindness, whether through a kind word, a smile, or helping a neighbor. Let's come together as a community to spread warmth and compassion throughout the month.

It is fitting that November is also a month of Gratitude as we prepare to celebrate Thanksgiving with our friends and family. What are you most grateful for this year?

Grace Signature Events



Details

**Climate Change Part 1: Is It Real?
Climate Change Part 2: Fact or Fiction
By Resident, Mike Lewis**

Is climate change a reality? What does it entail, even if it is genuine? Join us for a two-part series by Mike Lewis, where we will explore the complexities of climate change in detail.

**Part 1 - Tuesday, November 5th
Part 2 - Tuesday, November 19th
2:00 PM - Theater**

**Celebrate National Native American Month By
Mitotiliztli Yaoyollohtli
Indigenous Performance**

Dancers will showcase their authentic regalia, headdresses, and musical instruments, reflecting rich cultural heritage through energetic performances. They demonstrate ceremonial dedication to this traditional art form, offering mind-expanding experiences.

Thursday, November 7th - 6:00 PM - Champagne Lounge

***NEW* Writing & Story Telling Class With Resident, Mike Lewis**

Join us to discover how to craft your narrative or enhance your storytelling skills with Mike Lewis. Everyone has a story waiting to be told—what's yours?

**Wednesday's at 2:00 PM - Theater
November 6th, 13th, 20th, & 27th**

HAPPY BIRTHDAY!

**Mary Kay J. - 2nd
Betsy L. - 3rd
Jan L. - 5th
Kathleen N. - 5th
Joe P. - 7th**

**Darlene B. - 10th
Betty C. - 12th
Robert C. - 12th
Becky G. - 13th
Opal L. - 13th**

**Richard V. - 18th
Jane A. - 19th
Therese H. - 22nd
Marion R. - 27th
Rex K. - 27th**

**Frances "Snookie" G. - 28th
Arretta "Retta" C. - 29th
Carolyn S. - 29th
Alicia F. - 30th
Karen L. - 30th**

Academy 4 – Mentor A 4th Grader



Academy 4 provides a one-on-one mentor from the community to EVERY 4th grader in the school. Our volunteer mentors serve together once per month on the school campus during regular school hours, becoming a tangible manifestation of community for the students and school staff. We partner with churches, high schools, universities, businesses, and community groups to recruit the large number of volunteer mentors needed for the program. Volunteers learn firsthand the needs of schools, children, and families in their communities. They are empowered to move past mere transactional generosity into a relationship-focused involvement that positively encourages underserved youth and their families. Students walk through a leadership development curriculum with their mentors, in which they learn a new leadership trait each month (Listen, Encourage, Attitude, Develop, Example, Respect, Serve).

Volunteers Needed

Discover this fulfilling program designed to mentor our local fourth graders!

Tuesday, November 12th 2:00 PM – Theater

Rummage Sale

Everything is FREE!

It's time to declutter your closets!



Please bring items for the Rummage Sale on November 20th after 3:30 PM or on the morning of November 21st starting at 7 AM. Accepted items include clothing, electronics, shoes, home goods, and holiday items. The sale opens on November 21st at 9:00 AM in the Champagne Lounge.



- *Please do not leave items at the Front Desk or Lobby area
 - *Maintenance and Staff are not available to bring items down, so plan accordingly. Carts at the desk are first come, first serve.
- Leftover items will be donated to the White Rock Center of Hope and Goodwill.

Donate or come and shop the FREE store!

Thursday, November 21st at 9AM to 3:00 PM – Champagne Lounge

WELCOME HOME, NEW RESIDENTS

Patricia "Trish" Hays
Tony and Sandy Hormillosa





THE LANDON
AT LAKE HIGHLANDS
A GRACE MGMT COMMUNITY



Schedule a tour today!
Call us at 214-343-6400
or email us at leasing@landonatlakehighlands.com

MEET OUR TEAM

Eileen Flanagan - Executive Director
Gayla Taylor - Business Office Assistant
Jonathan Salcedo - Customer Service Specialist
Cami Barclay - Sr. Life Enrichment Director
Chris Briggs - Culinary Director
James Harris - Sous Chef
Ray Bernard - Maintenance Director
Dwight Lamb - Maintenance Technician

Cecilia Overton - Sales Director
Mark Sheets - Sales Counselor
Tameka Thompson - Move In Coordinator
Omekia Collins - Transportation Driver
Eli Reyes - Transportation Driver
Kesia Derilus - Health Pro Heritage P.T.
Chef Hotline - 214-270-2215
Courtesy Officer Cellphone - 972-345-5788

The Landon at Lake Highlands
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